

## INSIDE THIS ISSUE:

THE HEAD OF SCHOOL MESSAGE  
page 1

SCHOOL CALENDAR AND REMINDERS  
page 2

EXTRA CURRICULAR ACTIVITIES 2016/2017  
page 3

NEWS FROM OUR PRIMARY SCHOOL  
NEWS FROM OUR SECONDARY SCHOOL  
NEWS FROM OUR POLISH SCHOOL  
page 4

SPOTLIGHT ON YEAR 6 WOLVERINES  
page 5

NUTRITION AND CAREERS TALK  
page 7

FRANCOPHONIE 2017  
page 8

HOUSE SCORES 2016/2017  
page 9

PARENT TEACHER ASSOCIATION  
page 10

LUNCH MENU  
page 11

AROUND BISC WROCLAW  
page 12

## ISSUE 23 Friday 17<sup>th</sup> March

**We have always found the Irish a bit odd. They refuse to be English.**

**Winston Churchill**

Dear Parents,

My warmest greetings to you all on the feast of St Patrick, the patron saint of Ireland, and Ireland's national day. In many countries their national day is associated with a political event, the end of a war, a heroic struggle. However, in Ireland we celebrate an obscure missionary from the 5<sup>th</sup> century who brought Christianity to Ireland. St Patrick is also associated with Ireland's national plant, the shamrock. This three-leaved clover was reputedly used by St Patrick in his preaching as a way of explaining the dogma of the Holy Trinity and it is worn with pride around the world by the Irish

diaspora.

The legend of St Patrick can be summarised as follows: Patrick is believed to have spent his childhood in Wales and was of Roman origin as his name attests; it means nobleman in Latin. Kidnapped in a raid by Irish pirates, he was sold into slavery and worked as a pig-herd in the mountains of Armagh before escaping back to Wales. Following his ordination as a priest he returned to Ireland to spread Christianity and Ireland became known as an island of learning with the growth of Monastic settlements.

Perhaps one of the reasons for the feast day's popularity is that it generally falls in the season of Lent. Certainly in the past Lent was more strictly observed with fasting and abstinence commonplace. However, in the 40 days of Lent the Irish were granted a dispensation for St Patrick's Day, a very welcome cheat day. Another reason was the day heralded the beginning of

spring with the fanfare of parades and the wearing of the green. The origin of the word Ireland comes from the Latin, Hibernia, which means winter and we all relish the arrival of spring.

Finally, it is important to celebrate one's origins and identity. For the emigrant Irish in England, America or Australia, in times when the Irish were close to the bottom of the rung, it was a day to assert and display their heritage and traditions on the streets of London, Boston or Melbourne through music, song and dance. Nowadays, parades are held across the world to mark the day and it is an established celebration in the calendars of many countries with even obscure connections to the Emerald Isle. Thus for one day of the year, you don't have to be Irish to be Irish!



Best regards,  
Tom McGrath  
Head of School

BRITISH INTERNATIONAL SCHOOL WROCLAW

# NEWSLETTER

WEEKLY SCHOOL INFORMATION, EVENTS AND NEWS



### CONTACT DETAILS:

British International School Wrocław  
al. Akacjowa 10-12, 53-134 Wrocław, Poland  
School office tel: +48 71 796 68 61 fax: +48 71 796 68 62  
email: wroclaw@bisc.krakow.pl , head@bisc.wroclaw.pl

# BRITISH INTERNATIONAL SCHOOL WROCŁAW - CALENDAR OF EVENTS

March 2017 / April 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>20</b> Morning briefing All Staff Members 8.20am – 8.30am ICT room  Primary Staff Meeting 3.40pm F1 room, big villa  Year 5 trip to Wałbrzych Stara Kopalnia  Secondary Staff Meeting 3.40pm F3 room, big villa	<b>21</b> Coffee Morning with PTA, Class Representatives and Mr McGrath 9.00am G3 room, big villa	<b>22</b> Morning briefing All Staff Members 8.20am – 8.30am ICT room  Savoury Snack Day Year 4 Shoebills  Advisory Board 4.00pm F3 room, big villa	<b>23</b> Polish school – cinema outing 9.10am – 12.30pm	<b>24</b> Primary School Assembly 8.35am  Secondary School Assembly 10.30am	<b>25</b>	<b>26</b>
<b>27</b> Morning briefing All Staff Members 8.20am – 8.30am ICT room  Secondary School – visit to the German Consulate 9.30am – 1.00pm  TLC Staff Meeting 3.40pm Year 4 Shoebills classroom, small villa  Secondary Staff Meeting 3.40pm F3 room, big villa	<b>28</b> Year 3 trip to “Julia” Crystal Factory in Piechowice	<b>29</b> Morning briefing All Staff Members 8.20am – 8.30am ICT room	<b>30</b>	<b>31</b> Primary School Assembly 8.35am  Secondary School Assembly 10.30am	<b>1</b>	<b>2</b>
<b>3</b> Morning briefing All Staff Members 8.20am – 8.30am ICT room  Primary Staff Meeting 3.40pm F1 room, big villa  Secondary Staff Meeting 3.40pm F3 room, big villa	<b>4</b>	<b>5</b> Morning briefing All Staff Members 8.20am – 8.30am ICT room  Savoury Snack Day Year 2 Dragonflies	<b>6</b>	<b>7</b> Primary School Assembly 8.35am  Secondary School Assembly 10.30am	<b>8</b>	<b>9</b>

## REMINDERS FOR PARENTS



Please take care when parking  
around the school.

Avoid blocking entrances to  
neighbours' houses and driveways.

**DO NOT PARK ON THE ZEBRA  
CROSSINGS!**

### 1. Parent Teacher Conference

Dear Parents,

Parent Teacher Conference is coming up on 25<sup>th</sup> and 26<sup>th</sup> of April 2017 (Tuesday and Wednesday, 3.45pm till 6.00 pm).

The method we have always used at school is to book 15-minute appointments between parents and individual teachers in Primary and 10-minute appointments in Secondary. This avoids too many queues forming and generally helps keep the evening more organised.

Parents of primary children (Foundation - Year 4) can sign up on the list which will be posted on each classroom door in the small villa and Foundation unit.

Parents of primary children (Year 5 and Year 6), secondary parents and also polish school can sign up on the list which will be posted on the notice board in the big villa (ground floor).

Please note, that in order to avoid any clashes, you cannot sign up for the meeting via e-mail or Schoology.

**All sign up lists for parents will be available from 27th of March till 7th of April 2017.**

Please remember to sign up with your child's name and surname and not your own name. It will help us to identify and contact you in case of any changes.

## Extra Curricular Activities 2016/2017

ECA	TEACHER	AGE GROUP	WHERE	WHEN
Kendo Club	Takaharu Uesugi	Year 1 upwards	Dębowa Gym Dębowa 9b	Tuesdays 3.45pm - 4.35pm
Football Club	Michał Król	Year 1 upwards	SSP72 ul. Trwała 17-19	Fridays 4.00pm - 5.15pm
Swimming Club Beginners	Marcin Kwasiuk & Jacek Lelewski	Year 1-2 and beginners	SSP72 ul. Trwała 17-19	Mondays 3.50pm - 4.35pm
Drama Club	Aysa Love	Year 1-2	Year 1 Rabbits classroom small villa	Thursdays 3.40pm - 4.20pm
Art in Nature Club	Ashleigh Britton	Year 1-4	Year 4 Owls classroom small villa	Wednesdays 3.40pm - 4.20pm
Basketball Club	Marcin Kwasiuk	Year 1-5	WKK ul. Czajcza 19	Fridays 3.45pm - 5.00pm
Polish Club	Anna Łoboziak	Year 1-6	Year 2 Dragonflies classroom small villa	Tuesdays 3:40pm - 4:20pm
Maths Support	Anna Witańska	Year 2-6	Year 4 Shoebills classroom small villa	Tuesdays 3:40pm - 4:20pm
Primary Orchestra	Maciej Połuszny	Year 3-6	G11 room big villa	Wednesdays 3:40pm - 4:20pm
Swimming Club intermediate and advanced	Jacek Lelewski	Year 3-11	SSP72 ul. Trwała 17-19	Wednesdays 4.35pm – 5.20pm
Creative Writing	Gene Goldman	Year 4-6	G7 room big villa	Thursdays 3.40pm - 4.20pm
Art Club	Hye Seung Lee	Year 4-6	Primary Art room big villa	Tuesdays 3.40pm - 4.20pm
Basketball Club	Marcin Kwasiuk	Year 6 upwards	SSP72 ul. Trwała 17-19	Tuesdays 4.00 pm - 5.15 pm
Maths Kangaroo Club	Anna Szumilak Jasztal	Year 6 upwards	F3 room big villa	Tuesdays 3.35pm – 4.20pm
GCSE Polish Club	Ewa Gołąbek	Secondary	S2 room big villa	Wednesdays 1.20pm – 1.45pm
Secondary Orchestra	Jakub Stefaniszyn	Secondary	G10 room big villa	Thursdays 1.10pm – 1.45pm
Singstar Club	Jakub Stefaniszyn	Secondary	G11 room big villa	Fridays 1.10pm. – 1.45pm
School band	Jakub Stefaniszyn	Secondary	G11 room big villa	Fridays 3.35pm – 5.00pm
GCSE French Club <b>NEW</b>	Magda Mrozowska	Secondary	S6 room big villa	Wednesdays 1.15pm – 1.50pm
Polish for Parents Beginners	Anna Sawiel	Parents : )	EAL Room small villa, first floor	Tuesdays 1.50pm – 3.30pm
Polish for Parents Intermediate	Ania Sawiel	Parents : )	S7 room big villa	Thursdays 1.50pm – 3.30pm
English for Parents	Iwona Sokołowska	Parents : )	G10 room big villa	Tuesdays 2.00pm – 3.25pm

## News from Head of Primary



Did you know there was the Pi Day on Tuesday? Pi Day is celebrated on March 14th (3/14) around the world. Pi (Greek letter " $\pi$ ") is the symbol used in mathematics to represent a constant — the ratio of the circumference of a circle to its diameter - which is approximately 3.14159. Pi has been calculated to over one trillion digits beyond its decimal point. As an irrational and transcendental number, it will continue infinitely without repetition or pattern. While only a handful of digits

are needed for typical calculations, Pi's infinite nature makes it a fun challenge to memorize, and to computationally calculate more and more digits. Here's how students across the world celebrated it:

*Our class made a paper chain with a different colour representing each digit, and each class worked on it, and it was over 60 feet long by the end of the day!*  
by Emily

*In class we are using the first 20 digits in pi and write a story using the numbers like 3.14 u will use a 3-letter word then a 1-letter word then a 4 letter word and keep going*  
by Brionna

*This was our first Pi Day celebration in 4th grade. We made pi plates. We glued the Pi symbol into the middle, and coloured it using ten different colours that coincided with the numbers. Then we wrote the digits of pi around the outside border as many times as we could. Some went around 5 times!!!! Then we ate apple pies that had the pi symbols on each piece. It was fun and delicious.*  
by Vickie

*We celebrated it with a pie eating contest, pi recitation, and circle drawing contests.*  
by Max

In BISC we had a lot of preparation (thank you, Parents!) and excitement relating to the Maths Kangaroo! A huge clap to all the primary participants - I know very well how difficult Kangaroo questions can be!

This week would not be complete without our Stars:

Foundation Bees and Bears - Nao and Kenzaburo  
Year 1 Rabbits - Deniz  
Year 2 Dragonflies - Seoyul  
Year 3 Foxes - Seinosuke  
Year 4 Owls - Arin, Gain, Maks and Greta  
Year 4 Shoebills - Louise and Emilie  
Year 5 Coyotes - Deepali  
Year 6 Wolverines - Yuna and Li Hyun

Have a happy weekend, BISC Students and Parents!

Anna Witańska  
Head of Primary

## News from Head of Secondary



The IGCSE Art exam began this week with participants completing the exam over a three day period, as it requires eight hours to complete. The students will complete the second Art exam next week which has the same test length as the first. A few of the IGCSE and A-Level language exams will start in a few weeks, so it looks like the exam season is upon us already.

Students from primary along with secondary also participated in the Kangaroo Maths Contest this week. Students have been preparing for this contest for quite some time in their Maths Club held after school each week. Twenty-nine students participated in this contest and we are looking forward to seeing the results when they arrive later in the year.

Enjoy your weekend,

Joe Peck  
Head of Secondary

## News from Polish School



**Pies to też człowiek ; )**

Tradycją naszej szkoły stała się już coroczna akcja charytatywna na rzecz bezdomnych psów i kotów. Niesienie pomocy mniejszym, słabszym i potrzebującym przynosi wszystkim wiele różnych korzyści. Z pewnością pozwala napełnić puste brzuszki czworonogów, ale uczy też empatii, rozwija przedsiębiorczość oraz daje olbrzymią satysfakcję uczniom.

Tym razem akcja wyglądać będzie nieco inaczej. Rozpocznemy ją w najbliższy czwartek (23.03), kiedy uczniowie klas 3–6 oraz 1 gimnazjum wybiorą się do kina. Film „Był sobie pies” najlepiej pozwoli im znaleźć się w psiej skórze.

Według recenzji „to nie tylko instrukcja obsługi czworonoga. To także uniwersalna afirmacja prostego życia – drobnych przyjemności, zabawy, miłości, oddania i wspólnie spędzonych chwil. Scenarzyści mieli też coś do powiedzenia na temat rodziny, przebaczenia, straconych szans. Wreszcie film odkrywa przed widzem krzepiący sens życia według psa! To dużo mądrości jak na jednego – szczególnie małego – widza.”

Ze względu na towarzyszące filmowi emocje, zalecam zabranie ze sobą paczki chusteczek...

Życzę udanego weekendu.

Dyrektor Szkoły  
Magdalena Mrozowska





# Year 6 Wolverines



Lately, the Wolverines have been studying oral stories from Ancient Arabia, which are tales that have been shared by speaking and listening alone for many hundreds of years before ever being put to paper. After a variety of stories, our focus fell on *Sinbad the Sailor*, a very famous set of short stories about an occasionally silly, occasionally courageous, but always lucky seafaring young man from Baghdad. We read them, we told them by voice as they were meant to be told, and this week, shared them in the form of a pantomime. It was a fast-forwarded production process that had a definite deadline, and the pace of work had to be swift!

First, the Wolverines had to write the script. They knew the stories well but the challenge was selecting scenes that were important enough to fit in the five-minute mini-play, had few enough characters to be done with the relatively small groups, and possible to do in a live theatre setting. There was much workshopping, script doctoring, and editing to be done!



Then the Wolverines set about creating props and envisioning a stage performance. Cardboard, paper, and wooden dowels was cut and scrunched and taped and painted into a variety of shapes, sizes, and designs to suit their needs, which they would find one-by-one during practices. The level and speed of the problem solving was incredible to see!

Positioning on the stage was considered as well. As seasoned veterans of the theatre, we ended up with actors consistently playing to the audience, and moments like this.





# Year 6 Wolverines



Each production told the story of different voyages in *Sinbad's* life. The acting was exaggerated and funny, the situations over-the-top, and the audience was regularly included and even insulted during the shows!



For the Wolverines, videos of their final piece will be posted on schoology. I highly suggest seeing them in action!



## Nutrition and Careers talks with BISC Secondary

It wasn't so long ago that, in order to live a healthy life, most people were content to follow the simple mantra of 'less cake, more exercise'.

Today life isn't so simple. It would appear that we are faced with some rather serious decisions to make on a daily basis with regards our nutrition: Will a bacon sandwich kill me? If I eat only grapefruit, will I have a body like a supermodel? If I eat a whole packet of goji berries, will I live to be 100? To be honest, these puzzling messages just make me want to hide away from all the noise and tuck into a nice fat Polish pączki and can of coke.

Luckily BISC had a visit from nutritionist and BISC parent Paola Mezzadri this month. After spending many years studying biology and food science in Italy, Paola worked in hospitals alongside doctors and psychologists giving bespoke nutritional advice to her patients. She spoke passionately about how she helped others improve their health and proved that careers in science aren't just about spending long hours in laboratories; people skills are vital in the profession too. She is the embodiment of what science is ultimately all about: making people's lives better. She explained nutrition is in itself complicated and there is no such thing as a 'one size fits all' diet. Each person's body has different needs; this can be influenced by genetics, age, activity level and ethnicity amongst other factors.

There are however some principles that we should all take on board to ensure that we have better health.

-Remember that food is our friend. If we use it appropriately, it will help us concentrate, grow well, have beautiful skin...

-If you're hungry, why not try having a glass of water first? We often think we are hungry when in fact we are just dehydrated.

-If you love fizzy drinks, buy some sparkling water and squeeze in some lemon juice instead.

-In place of ice cream, chop and freeze some bananas. Put them in a blender, add fruit and hey presto....ice cream! The children will never know the difference.

-If you've eaten well for the day and are still craving food, why not focus on something else? Clearing out the cupboard which is full of junk will help you to take your mind off food as well as have a good spring clean.

I'd like to thank Paola on behalf of all the Secondary students, we were very fortunate to have her visit us. The Secondary has several other careers events coming up starting with a visit to the German Consulate on 27 March.

Verity Duncan





## INVITATION FRANCOPHONIE 2017



**Saturday 18<sup>th</sup> March, 7 pm.**  
**Gala and pop music concert by Lucas Reynald**  
**Free entrance**

**Samedi 18 mars, 19h**  
**Soirée Gala et concert de musique pop par Lucas Reynald**  
**Entrée libre**

**Sobota 18 marca, 19.00**  
**Wieczór galowy i koncert muzyki pop w wykonaniu Lucas Reynald**  
**Wstęp wolny**

**Aula Politechniki Wrocławskiej, Wybrzeże Wyspiańskiego 27**  
**Welcome! Bienvenue! Zapraszamy!**



# HOUSE SCORES 2016/2017



1<sup>st</sup>

Place

2<sup>nd</sup>

Place

3<sup>rd</sup>






Place

4<sup>th</sup>

Place

## MERIT CHALLENGE

Merit Challenge this week	Names of parts of the body
Merit Challenge next week	Ireland

	Cygnus	Phoenix	Lupus	Pegasus
HOUSE SCORES				
Weekly Points	1	2	4	3
Weekly Winner				
Total Points	56	53	63	48
Weekly Merits	341	450	520	451
RANKING	2 <sup>nd</sup> PLACE	3 <sup>rd</sup> PLACE	1 <sup>st</sup> PLACE	4 <sup>th</sup> PLACE

### Primary House Captains:

	Cygnus	Phoenix	Lupus	Pegasus
	Gayeon Lee Year 6 Wolverines Wolverines	Magda Sawicka Year 6 Wolverines	Jack Kidd Year 6 Wolverines	Madhav Sathish Year 6 Wolverines

### Secondary House Captains:

	Cygnus	Phoenix	Lupus	Pegasus
	Yunhwa Jung Year 10	Yejin Lee Year 10	DongMin Seo Year 9	Jeong Min Hong Y11

### Secondary House Vice Captains:

	Cygnus	Phoenix	Lupus	Pegasus
	Borys Rusko Year 7	Alicia Marie McInerney Year 7	Nada Mikati Year 7	Anastasia Lacroix Year 7



PTA BISC Wroclaw on Facebook:

[goo.gl/WNw25e](https://goo.gl/WNw25e)

[pta@bisc.wroclaw.pl](mailto:pta@bisc.wroclaw.pl)

## **1. Bake-a-Cake and Savoury Snack Days**

The Bake-a-Cake and Savoury Snack Days in Year 2016/2017 are as follows:

March 22, 2017	Year 4 Shoebills
April 5, 2017	Year 2 Dragonflies
May 10, 2017	Year 4 Owls
May 24, 2017	Year 8

## **2. Upcoming PTA activities:**

- PTA Coffee Morning (Tuesday, March 21)
- BISC Garden Spring Picnic date to be announced)

Regarding the upcoming Coffee Morning, it will be held on Tuesday, March 21 at 9 am with the PTA, Class Representatives and Mr. McGrath. Please pass any comments, feedback, and concerns you wish to be discussed to your Class Representatives, or message directly to the PTA through Schoology.

Yours,


PTA

# Lunch Menu for March 2017 – Weranda Smaków

Dear Parents,

To place an order and also to pay for it you must do this online:

1. Please register at <https://system.masterszef.com.pl/Rejestracja/BISC>
2. Please place your order for the whole month. You do not have to order items every day but you need to complete the order form online and please save afterwards.
3. If you have any questions about the “**MASTERSZEF**” system, please contact Mrs Joanna Wierzejska, Project Manager by e-mail ([jwierzejska@masterszef.com.pl](mailto:jwierzejska@masterszef.com.pl)) or by the phone (22 110 50 07).
4. Please note that the menu for March is now available online.

	20.03	21.03	22.03	23.03	24.03
<b>Soup</b>	Vegetable soup	Red cabbage cream	Cream of corn with ginger	Potato leek soup	Tomato cream with olive
	Tom Yum soup with chicken meat and coconut milk	Broth	Tomato soup with maze and coriander	Pea soup	Minestrone soup
<b>Main course</b>	(Vege) Rice with red curry, cauliflower, chickpeas, pumpkin and sunflower seeds, green and yellow beans	(Vege) Pancakes filled with apricot jam, carrot salad	(Vege) Tortilla with vegetables, sun dried tomatoes salad	(Vege) Chickpea balls with joghurt dill dip, potatoes, iceberg lettuce with carrot	(Vege) Tagliatelle with champignon sauce, tomato cucumber salad
	(Meat) Rice with red curry and chicken meat, green and yellow beans	(Meat)Pork chop, potatoes, sauerkraut salad	(Meat)Tortilla with beef and red bean, sun dried tomatoes salad	(Meat)Meatballs with joghurt dill dip, potatoes, iceberg lettuce with carrot	(Meat) Tagliatelle with beef ragu, tomato cucumber salad
	(Fish) Rice with red curry and cod meat, green and yellow beans	(Fish) Trout fillet, potatoes, sauerkraut salad	(Fish) Tortilla with salmon and vegetables, sun dried tomatoes salad	(Fish) Codfish balls with joghurt dill dip, potatoes, iceberg lettuce with carrot	(Fish) Tagliatelle with tuna and capers, tomato cucumber salad



# AROUND BISC WROCLAW

