

INSIDE THIS ISSUE:

THE HEAD OF SCHOOL MESSAGE

page 1

SCHOOL CALENDAR AND REMINDERS

page 2

EXTRA CURRICULAR ACTIVITIES 2016/2017

page 3

NEWS FROM OUR PRIMARY SCHOOL

NEWS FROM OUR SECONDARY SCHOOL

NEWS FROM OUR POLISH SCHOOL

page 4

SPOTLIGHT ON YEAR 8

page 5

WINTER CAMP

page 6

HOUSE SCORES 2016/2017

page 7

PARENT TEACHER ASSOCIATION

page 8

TAEKWON-DO

page 9

WHAT'S ON IN WROCLAW

page 10

LUNCH MENU

page 11

AROUND BISC WROCLAW

page 12

ISSUE 10 Friday 18th November

"We didn't underestimate them. They were a lot better than we thought."

Bobby Robson, Football Manager

Dear Parents,

This week's column is devoted primarily to sport and extra-curricular activities at the school. Certainly what happens in the classroom is very important but ambitious schools are not content to limit a pupil's development to strictly classroom but wish to engage pupils in a range of experiences that develop other aspects of his/her potential.

First of all, this Saturday morning we have the inaugural Sports Tournament with our sister school in Kraków. 30 pupils from Kraków will visit us for games in Unihockey, Football and Basketball. The games will take place in the gym in Trwała from 10am-1pm. Following a presentation of medals there will be a pizza

buffet back at the school in Akacjowa Street. It is our first sporting cooperation with our sister school and we hope to develop this further.

Also in our newsletter we have details of our ski Camp that runs from January 23rd to January 27th. This is available for pupils from Year 3 upwards and we look forward to a big uptake here. We ask parents to pay the deposit to the school office by 2nd December. We have a limited number of places (50) on offer and it will be on a first come basis. For further details see our PE Teacher, Marcin Kwasiuk.

Last week was also a first when our Student Council organised a film night at the school. We had a good turn out with pizza and even some popcorn. I was impressed how well organised the pupils were and I thank Dong Min Seo especially. We are now looking at a Christmas themed Film Night on December 8th. More details to follow.

Our canteen proudly displays a retrospective of pupils' art work over the last ten years at the school and I thank Mrs Hye Seung Lee and Ms Ania Kawczyńska for mounting this exhibition. It really is impressive and well worth a visit.

While winter is imminent we have been

planning for the return of spring. Over recent weeks the ancillary staff, led by Mr Marek have been tilling and cleaning the school garden and we have now erected a fence around it to protect its produce from marauding footballs. It is now ready for Spring planting and I am looking forward to seeing pupils cultivate their patches once sunshine and spring return.

Our sixth form pupils will participate in an upcoming Model United Nations conference in Wroclaw and this is an opportunity for them to deepen their global understanding, develop their public speaking skills and interact and negotiate with others. I look forward to their reports.

My thanks also to the PTA for last week's bazaar and especially to Ineta Kiml for organising this.

Finally, we have our first careers event this Friday for Years 7-9 coordinated by Verity Duncan. This is an opportunity for pupils to begin thinking of future careers and study and to also recognise that career paths are more likely to zig-zag around rather than follow a linear path.



Best regards,
Tom McGrath
Head of School

WEEKLY SCHOOL INFORMATION, EVENTS AND NEWS



CONTACT DETAILS:

British International School Wrocław
al. Akacjowa 10-12, 53-134 Wrocław, Poland
School office tel: +48 71 796 68 61 fax: +48 71 796 68 62
email: wroclaw@bisc.krakow.pl , head@bisc.wroclaw.pl

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
21 Morning briefing All Staff Members 8.20am – 8.30am ICT room Primary Staff Meeting 3.40pm Year 4 Shoebills room small villa Secondary Staff Meeting 3.40pm F3 room, big villa	22 WrocMUN XX Wroclaw Model United Nations Conference	23 Morning briefing All Staff Members 8.20am – 8.30am ICT room Year 4 both groups – trip to the Museum of Archaeology WrocMUN XX Wroclaw Model United Nations Conference	24 Year 1 – Trip to the “Glinolandia” WrocMUN XX Wroclaw Model United Nations Conference	25 Primary School Assembly 8.35 am Secondary School Assembly 10.30am WrocMUN XX Wroclaw Model United Nations Conference	26	27
28 Morning briefing All Staff Members 8.20am – 8.30am ICT room Full Staff Meeting 3.40pm F3 room, big villa	29	30 Morning briefing All Staff Members 8.20am – 8.30am ICT room Savoury Snack Day Year 9	1	2 Primary School Assembly 8.35 am Secondary School Assembly 10.30am Winter Camp deposit payment deadline	3	4
5 Morning briefing All Staff Members 8.20am – 8.30am ICT room	6 Santa at School :)	7 Morning briefing All Staff Members 8.20am – 8.30am ICT room	8 Student Council Film Night	9 Primary School Assembly 8.35 am Secondary School Assembly 10.30am	10	11

REMINDERS FOR PARENTS



Please take care when
parking around the
school.

Avoid blocking
entrances to
neighbours' houses and
driveways.

**DO NOT PARK ON THE
ZEBRA CROSSINGS!**

1. Mr Hae Sung Lee, our Korean Coordinator is available in the Korean room on:

Mondays: 8:00-10:30 / 12:05-15:30
Tuesdays: 8:00-9:25 / 11:20-13:50
Wednesdays: 8:00-9:25 / 12:55-13:50
Thursdays: 10:10-10:30 / 12:05-13:05
Fridays: 8:00-9:25

Contact details:

Hae Sung Lee - haesung.lee@bisc.wroclaw.pl

2. School doctor is available for Parents and Staff on Thursdays from 10.00am till 12.05pm (G8 room, big villa)

3. Dear Parents,
Please note that there will be no Football Club on Tuesday November 29th and also on Tuesday December 6th.

4. We would like to remind all parents that they should label their children's BISC uniforms, as sometimes the clothing items are left behind in the playground. A name label makes the identification process much faster and easier :)

5. For security reasons all adults other than parents guardians who collect children from the School must be authorised in written form to collect the pupils. This written authorisation must include the id details of the adults and must be signed by both parents and delivered to the school secretary, Ms Katarzyna Frankiewicz.

Best regards,
Tom McGrath

6. As you know we are very happy for parents and children to remain on the school grounds at the end of school and enjoy the facilities. However we must reiterate that after you have collected your children at 3.25pm **you must supervise them carefully on the school premises and play equipment**. We would ask parents of children using the slide and climbing frame to please stay near the children beside the equipment to ensure that they are fully supervised and can play safely. Also, please remind your children that they should not play inside the school after 4:00 pm. Of course children are allowed to use toilets on the ground floor if they need to. We are sure that all parents understand how important it is to keep the children safe. Thank you for your support.

Extra Curricular Activities 2016/2017

ECA	TEACHER	AGE GROUP	WHERE	WHEN
Kendo Club	Takaharu Uesugi	Y1 upwards	Dębowa Gym Dębowa 9b	Tuesdays 3.45pm - 4.35pm
Swimming Club Beginners 1 st group	Marcin Kwasiuk & Jacek Lelewski	Year 1-2 and beginners	SSP72 ul. Trwała 17-19	Mondays 3.50pm - 4.35pm
Swimming Club Beginners 2 nd group	Marcin Kwasiuk & Jacek Lelewski	Year 1-2 and beginners	SSP72 ul. Trwała 17-19	Fridays 5.20pm - 6.05pm
Football Club	Michał Król	Year 1 upwards	School premises	Tuesdays 3.45pm - 5.00pm
Basketball Club	Marcin Kwasiuk	Year 1-5	SSP72 ul. Trwała 17-19	Fridays 4.00pm - 5.15pm
Polish Club	Anna Łoboziak	Year 1-6	Year 2 Dragonflies classroom small villa	Tuesdays 3:40pm - 4:20pm
Stories and Tales Club	Ewelina Pachla	Year 2-3	Year 2 Dragonflies classroom small villa	Wednesdays 3:40pm - 4:20pm
Maths Support	Anna Witańska	Year 2-6	Year 4 Shoebills classroom small villa	Tuesdays 3:40pm - 4:20pm
Discussion Club	Jennifer Jones	Year 3-4	Year 3 Foxes classroom small villa	Tuesdays 3:40pm - 4:20pm
Primary Orchestra	Maciej Połuszny	Year 3-6	G11 room big villa	Wednesdays 3:40pm - 4:20pm
Swimming Club intermediate and advanced	Jacek Lelewski	Year 3-11	SSP72 ul. Trwała 17-19	Wednesdays 4.35pm – 5.20pm
Basketball Club	Marcin Kwasiuk	Year 6 upwards	SSP72 ul. Trwała 17-19	Tuesdays 4.00 pm - 5.15 pm
Maths Kangaroo Club	Justyna Zajac	Year 6 upwards	F6 room big villa	Thursdays 3.35pm – 4.20pm
Scrabble Club	Ewa Gołębek	Secondary	S2 room big villa	Wednesdays 1.20pm – 1.45pm
Secondary Orchestra	Jakub Stefaniszyn	Secondary	G11 room big villa	Thursdays 1.10pm – 1.50pm
Singstar Club	Jakub Stefaniszyn	Secondary	G6 room big villa	Fridays 1.10pm. – 1.50pm
School band	Jakub Stefaniszyn	Secondary	G11 room big villa	Fridays 3.35pm – 5.00pm
Polish for Parents Beginners	Anna Sawiel	Parents :)	EAL Room small villa, first floor	Tuesdays 1.50pm – 3.30pm
Polish for Parents Intermediate	Ania Sawiel	Parents :)	S7 room big villa	Thursdays 1.50pm – 3.30pm
English for Parents	Iwona Sokołowska	Parents :)	G10 room big villa	Tuesdays 2.00pm – 3.25pm

News from Head of Primary



As an international school, we celebrate many special days to honour the variety of cultures represented by our pupils. After our Divali-style Mufti Day, the time has come to look at North America and their upcoming holiday of Thanksgiving: a whole day focused on spending time with loved ones and being thankful, without much of the commercialism that has crept into many other holidays. And, mind you, it is the upcoming Thursday, 24th November!

You do not have to be an American to enjoy the day! Consider the opportunities this day presents to teach children about the important values of Thanksgiving, such as thankfulness, gratitude, and family.

How to Teach Children the Meaning of Thanksgiving:

- **Talk about why we celebrate Thanksgiving.** Connect your celebration to the original story of the fall harvest celebration that brought together struggling, starving Pilgrims and generous Native Americans.
 - **Turn the television off during family time.** Yes, there are the parades, football games, and specials, but try to keep most of Thanksgiving about the conversation and time spent with loved ones.
 - **Talk about family traditions and tell stories.** If your celebration involves multiple generations or multiple families, talk about traditions, "the good old days," and your own childhood.
 - **Talk about your Thanksgiving feast.** Talk to children about where food comes from and how it was prepared. Everyone can share what their favourite food is and why.
 - **Be thankful.** Focus on the things you are thankful for; ask everyone at the table to say what they are thankful for or make a list of what your family is thankful for. To take this gratitude lesson to the next level, you could perhaps even hang poster board on the wall and ask everyone to write things they are thankful for throughout the day.
 - **Share & donate.** Thanksgiving is a celebration of sharing and abundance. Develop a tradition of sharing with those who have less and involve children in contributing to a food shelter or other charities. This can help children to be thankful for what they have and learn the importance of helping others.
 - **Create something for Thanksgiving together.** Whether you're cooking with your children or creating a craft, involving kids in the preparation or an activity is a great way to celebrate and enjoy family time. Don't worry if the potatoes have a lump or two; the memory-making experience is worth it.
- I hope your Thanksgiving Thursday will be full of joy and family atmosphere.

Let us not forget about our hard-working Stars, though!

Foundation Bees and Bears - Maria
Year 1 Rabbits - Rustem and Luke
Year 2 Dragonflies - Nicolas
Year 3 Foxes - Cameron, Charlie, Emir, Geon Woo, Honzik, Joseph, Mimi, Seung Geon, Sushruth, William and Zuzia
Year 4 Owls - Soshiro
Year 4 Shoebills - Louise and Mythri
Year 5 Coyotes - Seohyeon
Year 6 Wolverines – Jin Hwan and Koto

Wishing you a nice weekend,

Anna Witańska
Head of Primary

News from Head of Secondary



Teachers have been busy the last couple of weeks preparing for the Parent Teacher Conferences that were held a couple of days ago. I was happy to see so many parents involved in the event and I feel it has been a positive experience for everyone. I would like to thank the parents for taking the time to meet with teachers and for the positive support that all parents give to the

school on a daily basis.

On the topic of student achievement, I would like to say, "Job well done!" to our secondary students. Teachers spoke very proudly of your accomplishments this year so far and you should be congratulated for your outstanding efforts.

Enjoy your weekend,

Joe Peck
Head of Secondary

News from Polish School



Szkoła inna niż wszystkie.

W pewnym mieście, w zacisznej dzielnicy, otoczony pięknym ogrodem pełnym starych drzew i tajemniczych zakątków, wznosi się dostojny, dwupiętrowy gmach szkoły, gdzie dzień po dniu uśmiechnięci, ciekawi świata uczniowie chłoną wiedzę jak gąbki.

Czy znacie tę szkołę? Oczywiście! Któż z nas nie odwiedził choć raz w swoim życiu Akademii pana Kleksa? W tym tygodniu wybraliśmy się do niej z klasą piątą. Dziewczyny spisały się na medal i solidnie przygotowały do fantastycznej podróży, za co wszystkie otrzymały realne piątki. Nie ma się też co dziwić, że takie lekcje im się podobały, skoro można na nich kopać piłkę i zjadać przepyszne kolory. Zatem nie złoście się na swoje dzieci, drodzy Rodzice, zaglądając do ich zeszytów. Kleksy to nie wynik nieuwagi, to po prostu przejaw bogatej wyobraźni :)

Miłego weekendu.

Dyrektor Szkoły
Magdalena Mrozowska

Spotlight on Year 8

Year 8 started this term by welcoming two new colleagues and will finish it by saying goodbye to two members of the group. They have decided to take the chance of their first or last spotlight to say their hellos and goodbyes to the school.

When I asked the class to think of things they could write about for their turn in the "spotlight" their Drama lessons were what immediately came to their minds. I later managed to catch them in the middle of a Drama lesson running along the corridors and down stairs. Please be assured that the photos shown here include some from that occasion and illustrate their development as character actors, not boisterous teenage misbehaviour.

Ian Carr-de Avelon

Recently at school, our class has been doing lots of work. We have been doing several tests and a few projects. In English lessons we made newspapers and a few days ago we started to make a poster about Greek gods. In Drama lessons we have been filming a short film. We started filming the film a few weeks ago. First we made a plan and we tried a dress rehearsal before we started filming it. We are currently working on it. We have been doing a lot of practice to get it all together. We are having fun doing all those project.

Our project is about mummies and pharaohs. We liked the idea of doing the Pharaoh's tomb as the topic a lot. It has been a long month.

Elise Lacuisse, Vittoria Finetti, Hyewon Bae

NEW STUDENTS ARRIVING

Hello I'm Jan, a new student of Wroclaw BISC year 8. I'm Italian and I came to Poland only 2 months ago. I can't speak Polish though my father is Polish. I have a lot of friends here in Poland and they are writing in this newspaper too.

Jan Talko

Hey, my name is Elise I'm in year 8. I came to BISC this year. I'm French. I speak English and French.

Elise Lacuisse

OLD STUDENTS LEAVING

This our last year of school. We really enjoyed the school, and we wish that we could stay longer. The reason why we like this school is because the classes are small and the teacher can help you if you are a bit behind.

Thomas Kiml and Kazuki Ogata





BISC WROCLAW SKI CAMP 2017

Dear Parents,

Our camp will be held in Janske Lazne (Cerna Hora - Pec), Czech Republic from 23rd - 27th January inclusive. This resort encompasses five ski areas and 41 km of ski slopes and tracks covered by one ski pass. The camp is for pupils from year 3 upwards!

The price of the camp includes the following:

- transport to and from the Czech Republic;
- full board (3 meals a day);
- ski passes;
- ski/snowboard lessons conducted by experienced ski/snowboard instructors;
- insurance for each child;
- extra activities (sledding- if snow conditions permitted, art workshops, etc.)
- swimming pool

The cost of the ski camp is 1350 PLN per child, provided that there are at least 45 participants. If there are only 30-35 participants, the price may go up by 20% per child.

The price **does not** include rental of skis/snowboards. This costs **1500** Czech crowns per set at the resort. Many parents arrange rental in Wroclaw or have their own equipment. It can work out cheaper and saves valuable skiing time.

DEADLINES:

by 2nd December 800 PLN, a signed permission slip, a completed ski rental form should be handed in to the School Office;
by 15th December Remaining 550 PLN should be paid to the School Office.
(only 50 places available)

----- ✂ -----

I give permission for my child/children (named below) to participate in the BISC Ski Camp. I agree to provide the required fees – **800 PLN by 2nd December**, and **550 PLN by December 15th, 2016**.

Name of child: _____

Name of child: _____

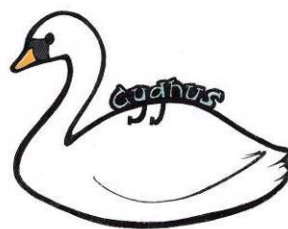
Name of child: _____

Signed by _____ Date: _____

For those wishing to arrange rental of ski equipment at the resort please complete the details below. An additional payment (1500 Czech crowns) is needed for this.

Child's name	Please choose: Ski/Snowboard	Shoe size	Height (cm)	Weight (kg)

HOUSE SCORES 2016/2017



1st

Place

2nd

Place

3rd

Place

4th

Place

MERIT CHALLENGE

Merit Challenge this week	Autumn
Merit Challenge next week	BISC Houses

HOUSE SCORES	Cygnus	Phoenix	Lupus	Pegasus
Weekly Points	2	3	4	1
Weekly Winner				
Total Points	21	22	32	15
Weekly Merits	355	381	424	325
Total Merits	3560	3261	4293	2942
RANKING	3 rd PLACE	2 nd PLACE	1 st PLACE	4 th PLACE

Primary House Captains:

	Cygnus	Phoenix	Lupus	Pegasus
	Gayeon Lee Year 6 Yellow Wolverines	Magda Sawicka Year 6 Yellow Wolverines	Jack Kidd Year 6 Blue Wolverines	Jin Hwan Bae Year 6 Blue Wolverines

Secondary House Captains:

	Cygnus	Phoenix	Lupus	Pegasus
	Yunhwa Jung Year 10	Yejin Lee Year 10	DongMin Seo Year 9	Sang Hee Park Year 10

Secondary House Vice Captains:

	Cygnus	Phoenix	Lupus	Pegasus
	Borys Rusko Year 7	Alicia Marie Mcinerney Year 7	Jin Seong Kim Year 7	Anastasia Lacroix Year 7



PTA BISC Wroclaw on Facebook:

goo.gl/WNw25e

pta@bisc.wroclaw.pl

1. **Bake-a-Cake and Savoury Snack Days:**

The Bake-a-Cake and Savoury Snack Days in Year 2016/2017 are as follows:

November 30, 2016	Year 9
January 11, 2017	Year 6 Wolverines
February 1, 2017	Year 1 Rabbits
February 15, 2017	Year 3 Foxes
March 8, 2017	Year 7
March 22, 2017	Year 4 Shoebills
April 5, 2017	Year 2 Dragonflies
May 10, 2017	Year 4 Owls
May 24, 2017	Year 8

2. **Report on Mufti Day:**

Thank you to all Mufti Day participants. Thank you for joining in making the Mufti Day bright and colourful. Thanks to all participants, together we have raised 203PLN which will be spent for other fun activities for children.

3. **Upcoming PTA activities:**

Until the end of 2016 PTA is planning still following activities:

- PTA Charity Christmas Fundraiser (November 31 till December 13)
- Christmas Bazaar and Crafts Fair.

Regarding the Charity Fundraiser, PTA is still inviting suggestions for the receiver of the PTA Charity Fundraiser for this year. Students, school staff and parents are welcome to bring their suggestions to PTA.

Yours,
PTA



We kindly invite all students and their parents for a Taekwondo presentation on Monday 21st November.

Word “Taekwondo” in English translates as foot and hand way and it is a Korean martial art, which dates from the 19th century. Taekwondo is well known for focusing on a variety of kicking techniques derived from martial arts styles such as Karate and Kung Fu. The first lesson will be demonstrated by Taekwondo Master, Mr Jan Nycek.

Master Nycek is the President of the Polish Association of Taekwon-do ITF at the International Taekwondo Federation, President of the Polish Federation of Combat Kalaki and also Polish National Team Coach.

Date: 21st November 2016

Time: 4.00pm

Location: Dębowa Gym (Dębowa 9b)



Regular trainings will be held on Mondays and Wednesdays, from 4.00pm till 5pm. This activity is addressed to pupils from 5 years old upwards.

The cost of the one month training is set up for 150pln.

Mr Nycek will answer all your questions during the presentation.

WHAT'S ON IN WROCŁAW

Christmas Fair

Market Square

<http://www.jarmarkbozonarodzeniowy.com/>

Friday 18th November – Thursday 22nd December

Aga Zaryan – Christmas Songs

Polski Theatre in Wrocław

Gabrieli Zapolskiej 3

<http://www.teatrpolski.wroc.pl/goscinnie/aga-zaryan-christmas-songs>

Saturday, 10th December 07:00pm

All These Sleepless Nights - Polish movie with English subtitles

New Horizons Cinema

Kazimierza Wielkiego 19a-21

<http://www.kinonh.pl/artykul.do?id=1676>

Saturday, 19th November 10:00pm

Thursday, 24th November 11:00am

Summer Rental. The Marx Collection in Wrocław

The Four Dome Pavilion: Museum of Contemporary Art

Wystawowa 1

<http://pawilonczterechkopul.pl/en/exhibitions/temporary-exhibition/>

Everyday except Mondays,

From now to Sunday 22nd January

Moscow City Ballet - Don Quixote

Capitol Music Theatre

Piłsudskiego 67

Monday, 19th December 08:00pm

Yamato - Japanese drummers

National Forum of Music

Plac Wolności 1

https://www.inyourpocket.com/wroclaw/yamato_2898e

Sunday, 20th November 07:00pm

One Love Sound Fest

Centennial Hall & Discovery Centre

Wystawowa 1

<http://www.onelove.pl/index.php?lang=en>

Saturday, 19th November 04:00pm

Berlin Masterpieces at the Royal Palace – the exhibition of Joachim Wagener's collection

Kazimierza Wielkiego 35

<http://en.wroclaw.berlin/event/berlin-masterpieces-in-wroclaw/>

Thursday, 20th October – Sunday, 15th January

Mariza - Fado singer

Hala Orbita

Wejherowska 34

Tuesday, 29th November 07:00pm

Jazztopad Festival

National Forum of Music

Plac Wolności 1

<http://www.nfm.wroclaw.pl/en/>

Everyday, 17th - 27th November

National Theatre Live – The Audience

Multikino Arkady

Powstańców Śląskich 2-4

<https://multikino.pl/pl/wydarzenia/NT-Live/national-theatre-live-the-audience#>

Thursday, 24th November 07:00pm

Jazz morning kids - animated films with live music and workshops

New Horizons Cinema

Kazimierza Wielkiego 19a-21

<http://www.nfm.wroclaw.pl/en/component/nfmcalendar/event/5604>

Saturday, 19th and 26th November 10:00am

Huang Yi & KUKA NFM Dance

National Forum of Music, Main Hall

Plac Wolności 1

<http://www.nfm.wroclaw.pl/en/component/nfmcalendar/event/5478>

Thursday, 15th December 08:00pm

Tempus Fantasy

Capitol Music Theatre

Piłsudskiego 67


Friday, 16th December 06:30 pm

Lunch Menu for November 2016 – Weranda Smaków

Dear Parents,

To place an order and also to pay for it you must do this online:

1. Please register at <https://system.masterszef.com.pl/Rejestracja/BISC>
2. Please place your order for the whole month. You do not have to order items every day but you need to complete the order form online and please save afterwards.
3. If you have any questions about the “**MASTERSZEF**” system, please contact Mrs Joanna Wierzejska, Project Manager by e-mail (jwierzejska@masterszef.com.pl) or by the phone (22 110 50 07).

	21.11	22.11	23.11	24.11	25.11
Soup	Creamy root vegetable soup with turkey	Cream of carrots	Winter cream of potatoes and garlic	Cream of sweet potatoes	Cream of lentil and red peppers
	Broccoli soup	Vegetable Soup	Ukrainian Borsch	Mushroom soup	Italian minestrone with noodles
Main course	(VEGE) Italian gnocchi served with pesto sauce with parmesan and roasted sunflower seeds. Little carrots	(VEGE) Celery burgers baked with Grana Padano cheese served with potato wedges and traditional polish cabbage salad	(VEGE) Beetroot and lentil burgers served with vegetable rice and salad mix with vinegret dressing and cherry tomatoes	(VEGE) Buckwheat burgers with Ajvar sauce served with carrot salad and celery salad	(VEGE) Pasta served with mushroom stew served with salad mix cherry tomatoes
	(MEAT) Italian gnocchi served with pesto sauce with chicken, parmesan and roasted sunflower seeds. Little carrots	(MEAT) Roasted loin with herbs served with potato wedges and traditional polish cabbage salad	(MEAT) Roasted chicken legs marinated in buttermilk served with vegetable rice and salad mix with vinegret dressing and cherry tomatoes	(MEAT) Buckwheat burgers with Ajvar sauce with chicken served with carrot salad and celery salad	(MEAT) Pasta with slow cooked beef stew served with salad mix with cherry tomatoes
	(FISH) Italian gnocchi served with pesto sauce with cod, parmesan and roasted sunflower seeds. Little carrots	(FISH) Blue grenadier fillet served with potato wedges and traditional polish cabbage salad	(FISH) Steam cooked salmon served with vegetable rice and salad mix with vinegret dressing and cherry tomatoes	(FISH) Buckwheat burgers with Ajvar sauce with tuna served with carrot salad and celery salad	(FISH) Pasta with tomato and tuna sauce served with salad mix with cherry tomatoes

AROUND BISC WROCŁAW

