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ISSUE 20 Friday $5^{\text {th }}$ February
Dear Parents and visitors to our website,

This week has been quite devastating in terms of illness to teaching staff, with some days the school missing a third of those available. On top of my own A level Business and History, GCSE English I have also had the pleasure to step in for Year 4 literacy and Year EAL, I would like to thank all members of staff who have covered their colleagues classes during this difficult time.

This week we celebrated Fat Thursday, Shrove Tuesday (on a Friday), and Carnival all in one go. I'd like to thank the PTA for organizing pancakes and members of staff who planned Carnival Day.

Did you know that Poles ate some 100 million doughnuts on Thursday to celebrate Fat Thursday, which is traditionally observed in the last week of 'carnival' before Lent. This translates into more than three doughnuts, about 1, 200 calories, per average Pole. One doughnut weighs around 70 grammes and consists solely of fats and carbohydrates, hence 'Fat Thursday'.

## WEEKLY SCHOOL INFORMATION, EVENTS AND NEWS



The tradition of eating doughnuts on Fat Thursday in Poland goes back to the 17th century. The day can be described as Poland's answer to Shrove Tuesday (also known as Pancake Day), which precedes Ash Wednesday, in many English speaking countries. In addition to jam-filled doughnuts, known as pączki, thin strips of crispy pastry dough, known as faworki, are consumed today in large quantities. Among bakers and confectioners, Fat Thursday is regarded as one of the busiest days of the year, with many cake shops open from the early hours of the morning after a marathon night of frying doughnuts.

A cautionary tale against such indulgences is.................A greedy mouse saw a basket full of corn. He wanted to eat it. So he made a small hole in the basket. He squeezed in through the hole. He ate a lot of corn. He felt full. He was very happy. Now he wanted to come out. He tried to come out through the small hole. He could not. His belly was full. He tried again.

But it was of no use. The mouse started crying. A rabbit was passing by. It heard the mouse's cry and asked: "Why are you crying my friend?" The mouse explained: "I made a small hole and came into the basket. Now I am not able to get out through that hole." The rabbit said: "It is because you ate too much. Wait until your belly shrinks". The rabbit laughed and went away.

The mouse fell asleep in the basket. Next morning his belly had shrunk. But the mouse wanted to eat some corn. So he ate and ate. His belly was full once again. He thought: "Oh! Now I will go out tomorrow". The cat was the next passer-by. He smelt the mouse in the basket. He lifted its lid. He ate the mouse.

Have a great weekend,


Best regards, Wayne Billington
Head of School

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Secondary School Assembly 10.30a.m. <br> Carnival Day Primary School | 6 | 7 |
| Primary Morning Briefing 8.15a.m. | Secondary Morning Briefing <br> 8.15a.m. <br> Library <br> Year 6 trip to the Museum of Water "Hydropolis" | Secondary Round Table 8.30a.m. dining room <br> Savoury Snack Day Year 6 Jaguars <br> Advisory Board 4.00p.m. | 11 | Primary School Assembly 8.35 a.m. Secondary School Assembly 10.30a.m. Mufti and Crazy Hair Day Pancake Day | 13 | 14 |
| 15 <br> Half Term Break | Half Term Break | $17$ <br> Half Term Break | $18$ <br> Half Term Break | $19$ <br> Half Term Break | 20 | 21 |
| Primary Morning Briefing 8.15a.m. | Secondary Morning Briefing 8.15a.m. Library | Foundation Round Table 8.30a.m. dining room | 25 | Primary School Assembly 8.35 a.m. <br> Secondary School Assembly 10.30a.m. | 27 | 28 |

## REMINDERS FOR PARENTS



1. Mr Hae Sung Lee, our Korean Coordinator is available:
Monday $\quad 8: 00-8: 30 / 10: 10-10: 30 / 11: 20-13: 40$
Tuesday $\quad 8: 00-8: 30 / 10: 10-10: 30 / 11: 20-13: 50$
Wednesday 8:00-8:30 / 10:10-13:50
Thursday $\quad 8: 00-8: 30 / 10: 10-12: 10 / 15: 00-15: 30$
Friday
13:20-15:30

## Contact details:

Hae Sung Lee - haesung.lee@bisc.wroclaw.pl
Hye Seung Lee - hyeseung.lee@bisc.wroclaw.pl
2. School doctor is available for Parents and Staff on Thursdays from 10.00a.m. till 12.05p.m.
(G8 room, big villa)
3. We would like to remind all parents that they should label their children's BISC uniforms, as sometimes the clothing items are left behind in the playground. A name label makes the identification process much faster and easier : )
4. As you know we are very happy for parents and children to remain on the school grounds at the end of school and enjoy the facilities. However we must reiterate that after you have collected your children at 3.25 pm you must supervise them carefully on the school premises and play equipment. We would ask parents of children using the slide and
climbing frame to please stay near the children beside the equipment to ensure that they are fully supervised and can play safely. Also, please remind your children that they should not play inside the school after 4:00 pm. Of course children are allowed to use toilets on the ground floor if they need to. We are sure that all parents understand how important it is to keep the children safe. Thank you for your support.
5. The Maths Kangaroo test will take place on Thursday, the $17^{\text {th }}$ of March, at 9 am . The contest lasts 1 h 15 minutes and has a form of a test with multiple-choice questions. It is aimed for students from Year 4 up.

Examples of questions in English are available on the websites:
www.kangaroo.math.ca www.mathkangaroo.org www.kangaroo.org.pk


| ECA | TEACHER | AGE GROUP | WHERE | WHEN |
| :---: | :---: | :---: | :---: | :---: |
| English for Parents: ) Intermediate group | Ewa Gołąbek | Parents : ) | S2 room big villa | Mondays 2.00p.m. - 3.25p.m. |
| Short animated movie Club | Sławomir Czerwiński | Secondary | S3 room big villa | Tuesdays <br> 1.00p.m. - 1.40p.m. |
| Animation Club | Ian Carr-de Avelon | Secondary | ICT room big villa | Tuesdays 1.00p.m. - 1.40p.m. |
| Polish for Parents : ) Intermediate group | Hanna Savel | Parents : ) | S3 room big villa | Tuesdays <br> 1.50p.m. -3.25 p.m. |
| Drama Club | Aysha Love | $\mathrm{Y} 1-\mathrm{Y} 2$ | Year 1 Rabbits room small villa | Tuesdays 3.35p.m. -4.15 p.m. |
| Photography Club | Ewelina Żmuda | Y1-Y6 | ICT room big villa | Tuesdays 3.35p.m. - 4.15p.m. |
| Drawing Club | Hye Seung Lee | Primary | Primary Art room big villa | Tuesdays 3.35p.m. - 4.15p.m. |
| Discussion Club | Jennifer Jones | $Y 2-Y 3$ | Year 3 Foxes room small villa | Tuesdays 3.35p.m. -4.15p.m. |
| Primary Orchestra | Maciej Posłuszny | Y4-Y6 | G11 room big villa | Tuesdays 3.35p.m. - 4.15p.m. |
| Kendo Club | Takaharu Uesugi | Y1 upwards | Dębowa Gym Dębowa 9b | Tuesdays 3.35p.m. - 4.45p.m. |
| Polish for Beginners | Anna toboziak | Y1-Y2 | Year 2 Butterflies room Small villa | Tuesdays 3.45p.m. -4.45 p.m. |
| Basketball Club (Boys and Girls) | Marcin Kwasiuk | Y6-Y13 | $\begin{gathered} \text { SSP72 } \\ \text { ul. Trwała 17-19 } \end{gathered}$ | Tuesdays 4.00p.m. - 5.20p.m. |
| Swimming | Marcin Kwasiuk | Y1 upwards Intermediate \& Advanced | $\begin{gathered} \text { SSP72 } \\ \text { ul. Trwała 17-19 } \end{gathered}$ | Tuesdays 5.20p.m. - 6.05p.m. |
| Sculpture Club | Anna Kawczyńska | Secondary | S7 room big villa | Wednesdays 1.00p.m. -1.40 p.m. |
| Polish for Parents : ) Beginners | Hanna Savel | Parents : ) | S1 room big villa | Wednesdays 1.50p.m. - 3.25p.m. |
| Maths Club | Anna Witańska | Primary | Year 4 Shoebills room small villa | Wednesdays 3.35p.m. -4.15 p.m. |
| Homework Club | Phil Hart | Primary | F6 room big villa | Wednesdays 3.35p.m. - 4.15p.m. |
| Construction Club | Iza Łuczkowska | $\mathrm{Y} 1-\mathrm{Y} 2$ | Foundation unit | Wednesdays 3.35p.m. -4.15 p.m. |
| Maths Homework Club | Justyna Połośka | Secondary | F3 room big villa | Wednesdays 3.40p.m. -4.25 p.m. |
| Maths Kangaroo Club | Justyna Zając | Secondary | F2 room big villa | Wednesdays 3.40p.m. -4.25 p.m. |
| Football Club | Marcin Kwasiuk | $\mathrm{Y} 1-\mathrm{Y} 9$ | SSP72 ul. Trwała 17-19 (all weather Sport's pitch outside of the school) | Wednesdays 4.00p.m. - 5.30 p.m. |
| Chess Club | Alex Sitkowiecki | Secondary | S1 room big villa | Thursdays 1.15p.m. - 1.35p.m. |
| SingStar Club | Jakub Stefaniszyn | Secondary | G6 room big villa | Thursdays 1.15p.m. - 1.40p.m. |
| English for Parents : ) <br> Pre Intermediate | Iwona Sokołowska | Parents : ) | G10 room big villa | Thursdays 2.00p.m. - 3.25p.m. |
| Knitting Club | Nichola Lewis | Y5 upwards | Foundation unit | Thursdays <br> 3.35p.m. - 4.15p.m. |
| Swimming | Karolina Kałui̇ka | Y1 upwards Beginners | $\begin{gathered} \text { SSP72 } \\ \text { ul. Trwała 17-19 } \end{gathered}$ | Thursdays 5.20p.m. - 6.05p.m. |
| Musical Performance Club | Jakub Stefaniszyn | Secondary | G11 room big villa | $\begin{gathered} \text { Fridays } \\ 3.30 \text { p.m. }-4.40 \text { p.m. } \end{gathered}$ |
| Basketball Club | Marcin Kwasiuk | Y1- Y5 | $\begin{gathered} \text { SSP72 } \\ \text { ul. Trwała 17-19 } \end{gathered}$ | Fridays 4.00p.m. - 5.20p.m. |
| Swimming | Marcin Kwasiuk | Y1 upwards Intermediate \& Advanced | $\begin{gathered} \text { SSP72 } \\ \text { ul. Trwała 17-19 } \end{gathered}$ | Fridays 5.20p.m. -6.05 p.m. |
|  |  |  |  |  |



This week the Primary school struggled through fever and sneezes. It seems there is a particularly unpleasant virus going round and taking its toll. If your child complains of stomach ache, muscle ache and is generally weak we advise to keep them at home until they get reasonably better.

Our Foundation students enjoyed their newly purchased gigantic blocks and turned out to be great enthusiasts of construction!
The changeable weather did not prevent Year 3 Otters and Foxes from embarking on their longawaited field trip to the glass works in Tomaszów Mazowiecki, which they visited on Thursday.

The Friday saw...no assembly at all since we were all dressed up in our carnival costumes and we super busy with our Carnival activities. Many thanks to Ms. Aysha, Ms. Kasia, Ms. Iza and Ms. Nancy for organising that all!

Assembly or not, the Stars of the Week deserve their moment of glory:

Foundation Bees - Zaffea
Foundation Turtles -Luke
Year 1 Rabbits - Ida
Year 2 Butterflies - Charlie
Year 3 Otters - Dong Yeong
Year 3 Foxes - Yuji
Year 4 Shoebills -Seoin
Year 5 Kangaroos - Julia
Year 5 Ravens - Sri
Year 6 Jaguars - Min and Alicia

Congratulations to all the hard working Stars!
Wishing you a healthy weekend,

## Anna Witańska

Head of Primary


The cold weather that we have had seems to have left us for a while and replaced with milder temperatures that encouraged students to be more active outside. Quite a few exciting football matches have been played on the pitch this week, but the dusting of snow on it Friday morning reminds us that winter weather is still with us.

Students enjoyed many fun activities this week in their classes. So I would like to share comments from two Year 9 teachers that gave some insight on what the week was like for them.

Year 9 students were working on compass constructions this week in Maths. When the first obstacle (of actually having a compass) was over, they started to bisect lines and angles. Then students began to construct triangles and circle patterns to discover properties of circles. They were also studying about maps and angle bearings and were playing a bit of 'blind man's bluff'. This activity had the students seeking each other by using angle bearings to aid in the search.

Year 9 students are also investigating the topic of perspective in Art. In previous lessons, they learned about three types of linear perspective and the rules and ways in which to use them. This week, they applied their theoretical knowledge in order to make a piece of work where illusion of space is expressed. They did this by using linear perspective with one, two or three vanishing points as the real artists and architects do.

I would also like to thank students and parents for contributing to the 'Pass a Paw' fundraiser that our Polish School organised. There is a large collection of food and supplies that will be much appreciated at the animal shelter. Thanks again for your participation.

Enjoy your weekend,
Joe Peck
Head of Secondary
BISC Wroclaw

## Spotlight on Year 3 Otters

This week Year 3 Otters have travelled back in time once again! The time machine was set to the Stone Age which was roughly 3.4 million years ago when our ancestors, know as modern humans, lived in caves and used stones for tools and weapons.

Year 3 Otters helped to build a cave home, recreated some captivating cave art, made jewellery from the teeth of animals, dressed as cave men and women, created gummy bear fossils AND still had time to squeeze in a quick trip to Grodziec castle.

$\square$

Bake-A-Cake or Savoury Snack Dates:

|  |  |
| :--- | :--- |
| Year 6 Jaguars | February 10, 2016 |
| Year 7 | March 2, 2016 |
| Year 8 | March 16, 2016 |
| Year 9 | April 13, 2016 |
| Year 5 Ravens | April 27, 2016 |
| Year 5 Kangaroos | May 11, 2016 |



## 1. Collection of egg cartons for our young gardeners:

We would like to ask parents to save the egg cartons which will be later collected at school for our primary students and their gardening needs. After the school holiday in February it will be time to seed the vegetables in indoor boxes so the plants are big enough for planting in the garden as soon as the weather is warm enough for outdoor gardening. Egg cartons can serve very well as such boxes for the windowsills. Therefore, store the egg cartons so we can equip 8 Primary School classes with their windowsill plant boxes.

## 2. Mufti and Crazy Hair Day:

On Friday, February 12, there is going to be the second Mufti Day. This time, to let also senior school students who don't wear uniforms anymore, to have fun as well, it will be MUFTI AND CRAZY HAIR DAY. As the previous time, the donation for the participation on Mufti and Crazy Hair Day will be 5 PLN per student. The rules stay the same each student coming to school in casual wear and/or with a crazy hair style, gives his or her donation of 5 PLN to the Form Teacher in a special envelope. The money raised will cover the cost of pancakes (read lower) and add to the budget for future PTA activities including International Day. Get ready for fun and think about crazy hair styles to make. Parents and teachers, and whole staff are more than welcome to join with their hair styles. Let's see who can get it crazier.

## 3. Pancake Day

On Friday, February 12, PTA with the help of volunteers will provide free pancakes to all students. This event is planned to celebrate the last day before Lent. In different countries and cultures the day can vary, but generally it is Fat Tuesday. For the purpose of making the last day before school holiday special, also in the light of relaxed Mufti and Crazy Hair Day, we will twist the tradition and serve the pancakes on Friday.

## 4. Uniform Lost \& Found. Please sign the uniforms!!!

In order to make the return of the lost uniform items easier and more efficient, please sign the uniforms and other clothes your children wear to school. Please sign them readable to everyone, not just you and your children.

## Lunch February 2016

## Dear Parents,

Below please find a few details about our lunch ordering system:

1. Lunches for the upcoming week can be ordered in the secretary's office (small villa) from Monday till Thursday.
2. You can choose between the polish, Italian and vegetarian menu.
3. In case of child's absence, please inform school's office on the same day by phone (71 7966 861) or e-mail (wroclaw@bisc.krakow.pl) before 9a.m. Depending on your request, order will be cancelled or moved for the next week.
4. The orders are accepted together with the payment only.
5. Menu for the following month will be posted on the information boards in both villas and also in our weekly newsletter.
6 . The cost for one lunch is $12 P L N$.

| Date | POLISH MENU |  | ITALIAN MENU | VEGETARIAN MENU |
| :---: | :---: | :---: | :---: | :---: |
| 01.02.2016 | Barley soup with vegetables, potatoes and groats | Wholemeal spaghetti Bolognese | Spaghetti Bolognese, bread roll, salad, dessert | Wholemeal spaghetti Napoli |
| 02.02.2016 | Cucumber soup | Chicken fillet baked with thyme and onion, potatoes, salad | Chicken fillet, potato puree, bread roll, salad, dessert | Fried eggs, potatoes, salad |
| 03.02.2016 | Tomato soup | Silesian noodles with meat and vegetable sauce | Penne pasta baked with tomatoes, mozzarella, bread roll, salad, dessert | Penne pasta baked with tomatoes, mozzarella |
| 4.02.2016 | Creamy celery soup with croutons | Stuffed cabbage with meat, brown rice and tomato sauce | Vegetable cream soup, omelette with ham, bread roll, salad, desert | Stuffed cabbage with vegetables in tomato sauce |
| 05.02.2016 | Ukrainian borsch with potatoes and red lentils | Pollock fillet, potatoes, stewed and steamed vegetables | Gnocchi with cheese sauce, bread roll, salad, dessert | Gnocchi with cheese sauce |
| 08.02.2016 | Tomato soup with brown rice | Hungary goulash with vegetables, groats, salad | Spaghetti Carbonara, bread roll, salad, dessert | Chickpeas with vegetable sauce, groats, salad |
| 09.02.2016 | Vegetable cream soup with croutons | Chicken leg, potatoes, salad | Tortellini with ricotta, spinach and cream $30 \%$, bread roll, salad, dessert | Tortellini with ricotta, spinach and cream |
| 10.02.2016 | Cauliflower soup with chickpeas | Lasagna with tomato sauce | Penne pasta baked with chicken, tomatoes and mozzarella, bread roll, salad, dessert | Fried eggs, potatoes, salad |
| 11.02.2016 | Duck broth with noodles | Meatballs with ham and sauce, potatoes, salad | Pizza Margarita, salad, dessert | Russian dumplings |
| 12.02.2016 | Cabbage soup with carrot and potatoes | Brown rice baked with apples and cinnamon | Farfalle with tuna, olives and mozzarella, bread roll, salad, dessert | Brown rice baked with apples and cinnamon |
|  |  |  |  |  |
| 15.02.2016 |  |  | Half Term Break |  |
| 16.02.2016 |  |  | Half Term Break |  |
| 17.02.2016 |  |  | Half Term Break |  |
| 18.02.2016 |  |  | Half Term Break |  |
| 19.02.2016 |  |  | Half Term Break |  |
| 22.02.2016 | Creamy celery soup with croutons | Wholemeal spaghetti Bolognese | Spaghetti Carbonara, bread roll, salad, dessert | Wholemeal spaghetti Napoli |
| 23.02.2016 | Sour soup | Meatballs with ham and sauce, potatoes, salad | Beef meatballs with marinara sauce, penne pasta, bread roll, salad, dessert | Chickpeas with vegetable sauce, groats, salad |
| 24.02.2016 | Duck broth with noodles | Skewers of turkey, vegetables, potatoes | Broth with meat and noodles, omelette with ham, bread roll, salad, desert | Silesian noodles with cheese sauce, salad |
| 25.02.2016 | White bean soup with vegetables and potatoes | Pancakes with turmeric, stuffed with cheese or jam | Pizza Margarita, salad, dessert | Pancakes with turmeric, stuffed with cheese or jam |
| 26.02.2016 | Italian soup Minestrone | Pollock fillet, potatoes, stewed and steamed vegetables | Fusilli pasta baked with tomatoes, mozzarella | Fusilli pasta baked with tomatoes, mozzarella |

## *juice and dessert to each menu



## AROUND BISC WROCEAW






A brief introduction to parents at BISC Wrocław

