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ISSUE 19 Friday 29<sup>th</sup> January

BRITISH INTERNATIONAL SCHOOL WROCLAW

# NEWSLETTER

WEEKLY SCHOOL INFORMATION, EVENTS AND NEWS



Dear Parents and visitors to our website,

Thank goodness the snowy weather seems to have left us, and temperatures seem to be rising: perhaps Spring is on its way. However, along with the inclement weather we have the age old problem of sickness around school and there has been much concern from members of our community relating to children being brought to school whilst unwell who have subsequently passed on their ailments to their peers and teachers. This situation is not acceptable and is covered in the section of the parent handbook clearly outlining parental responsibility in this area; this is compulsory. Good guidelines relating to your child's health and school can be found on [www.kidshealth.org/parent/general/sick/too\\_sick.html](http://www.kidshealth.org/parent/general/sick/too_sick.html) A sensible quote from the site goes as follows – 'Of course, never send a child to school who has a fever, is nauseated, vomiting, or has diarrhoea. Kids who lose their appetite, are clingy or lethargic, complain of pain, or who just don't seem to be acting "themselves" should also take a sick day.' ([www.kidshealth.org](http://www.kidshealth.org)).

We all know a way to keep healthy is a good diet and exercise.....Many, many years ago everyone was strong and healthy. They ate a very varied diet, and especially loved fruit, vegetables, and fish. Everyone took daily exercise, and they enjoyed themselves playing and leaping about. The Earth was the healthiest place you could imagine, and it was clear that both adults and children were full of joy and good moods.

All that made the dark witches furious. They only ever wanted to do harm and make problems for people. The worst of all of these witches was Sourface; she was evil, and could be relied on to come up with the nastiest ideas. She suggested that all the witches combine their energies to invent a potion which would take away people's desire to live happily. So, one night, all the witches gathered down in the swampy forest and worked together on that evil spell. The spell was so powerful, and would need so much energy to cast, that when one of the witches got one of the words wrong, there was a huge explosion. So big was the explosion, that it completely destroyed the forest. It turned all those evil witches into tiny little creatures, like germs, and left them trapped in a green liquid inside a small glass bottle, which lay lost in the swamp. There they were trapped for centuries, until one day a little boy found the bottle. Thinking it contained some kind of soft drink, he drank the lot. The evil, microscopic witches took advantage of this situation, and even though they were tiny and couldn't hurt anyone, they soon learned to change the little boy's likes and dislikes in order to get him to do what they wanted.

In a few days, a funny feeling in his mouth and tongue meant the boy no longer wanted to eat vegetables, fruit, or fish. All he wanted to do was eat ice cream, pizza, burgers, and candy. Then a nibbling feeling all over his body meant he no longer enjoyed playing and running about with his friends. All that stuff tired him out; he now just wanted to stay in the house, sitting or lying

about. So, his life got more and more boring, he started feeling ill, and before long he had no desire to do anything. The evil potion had worked! And the worst thing of all was that the witches learned to jump from one person to another, like a virus. They managed to turn the influence of the potion into the most contagious of diseases: the disease of wasting your life.

It was a long while before, with the help of his microscope, Doctor Fitton-Helthie discovered that the little witches were causing all this disease. There was no vaccine or cough mixture to get rid of them, but the good doctor discovered that the witches could not stand joy and good humour. It turned out that the best cure was to make a strong effort to live a healthy, joyful, and happy life. When a person became healthy, the little witches would leave that body as soon as they could, riding off on a sneeze.

From then on, the best remedy was not pills or injections, but just a little bit of effort to eat some fruit, vegetables, and fish, and to do some exercise. And whoever came to see Doctor Fitton-Helthie, and took his advice, ended up totally well, being cured of the waste-of-life disease.

Have a healthy weekend,



Best regards,  
Wayne Billington  
Head of School



### CONTACT DETAILS:

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School office tel: +48 71 796 68 61 fax: +48 71 796 68 62  
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				29 Primary School Assembly 8.35 a.m. Secondary School Assembly 10.30a.m. Year 3 trip to Tomaszów Bolesławiecki and Grodziec Castle	30	31
1 Primary Morning Briefing 8.15a.m. Primary Staff Meeting 3.45p.m.	2 Secondary Morning Briefing 8.15a.m. Library Foundation trip to the "Hopek" Playground	3 Primary Round Table 8.30a.m. dining room Savoury Snack Day Year 12&13	4 Fat Thursday : ) Secondary Staff Meeting 3.45p.m.	5 Primary School Assembly 8.35 a.m. Secondary School Assembly 10.30a.m. Carnival Day Primary School	6	7
8 Primary Morning Briefing 8.15a.m.	9 Secondary Morning Briefing 8.15a.m. Library	10 Secondary Round Table 8.30a.m. dining room Savoury Snack Day Year 6 Jaguars	11	12 Primary School Assembly 8.35 a.m. Secondary School Assembly 10.30a.m. Mufti and Crazy Hair Day Pancake Day	13	14
15 Half Term Break	16 Half Term Break	17 Half Term Break	18 Half Term Break	19 Half Term Break	20	21

REMINDERS FOR PARENTS



Please take care when parking around the school.

Avoid blocking entrances to neighbours' houses and driveways.

**DO NOT PARK ON THE ZEBRA CROSSINGS!**

1. Mr Hae Sung Lee, our Korean Coordinator is available:

**Monday** 8:00-8:30 / 10:10-10:30 / 11:20-13:40  
**Tuesday** 8:00-8:30 / 10:10-10:30 / 11:20-13:50  
**Wednesday** 8:00-8:30 / 10:10-13:50  
**Thursday** 8:00-8:30 / 10:10-12:10 / 15:00-15:30  
**Friday** 13:20-15:30

**Contact details:**

**Hae Sung Lee** - haesung.lee@bisc.wroclaw.pl

**Hye Seung Lee** - hysesung.lee@bisc.wroclaw.pl

2. School doctor is available for Parents and Staff on Thursdays from 10.00a.m. till 12.05p.m. (G8 room, big villa)

3. We would like to remind all parents that they should label their children's BISC uniforms, as sometimes the clothing items are left behind in the playground. A name label makes the identification process much faster and easier : )

4. We have new ECA for our Secondary students – Sculpture Club : )

When: Wednesdays, 1.00p.m. – 1.40p.m.

Where: S7 room, big villa

Thank you Ms Ania Kawczyńska : )

5. The Maths Kangaroo test will take place on **Thursday, the 17<sup>th</sup> of March, at 9am**. The contest lasts 1h 15 minutes and has a form of a test with multiple-choice questions. It is aimed for students from **Year 4** up. Examples of questions in English are available on the websites:

www.kangaroo.math.ca  
 www.mathkangaroo.org  
 www.kangaroo.org.pk



ECA	TEACHER	AGE GROUP	WHERE	WHEN
English for Parents : ) Intermediate group	Ewa Gołąbek	Parents : )	S2 room big villa	Mondays 2.00p.m. – 3.25p.m.
Short animated movie Club	Stawomir Czerwiński	Secondary	S3 room big villa	Tuesdays 1.00p.m. – 1.40p.m.
Animation Club	Ian Carr-de Avelon	Secondary	ICT room big villa	Tuesdays 1.00p.m. – 1.40p.m.
Polish for Parents : ) Intermediate group	Hanna Savel	Parents : )	S3 room big villa	Tuesdays 1.50p.m. – 3.25p.m.
Drama Club	Aysha Love	Y1 – Y2	Year 1 Rabbits room small villa	Tuesdays 3.35p.m. – 4.15p.m.
Photography Club	Ewelina Żmuda	Y1 – Y6	ICT room big villa	Tuesdays 3.35p.m. – 4.15p.m.
Drawing Club	Hye Seung Lee	Primary	Primary Art room big villa	Tuesdays 3.35p.m. – 4.15p.m.
Discussion Club	Jennifer Jones	Y2 – Y3	Year 3 Foxes room small villa	Tuesdays 3.35p.m. – 4.15p.m.
Primary Orchestra	Maciej Pośluszny	Y4 – Y6	G11 room big villa	Tuesdays 3.35p.m. – 4.15p.m.
Kendo Club	Takaharu Uesugi	Y1 upwards	Dębowa Gym Dębowa 9b	Tuesdays 3.35p.m. – 4.45p.m.
Polish for Beginners	Anna Łożoziak	Y1-Y2	Year 2 Butterflies room Small villa	Tuesdays 3.45p.m. – 4.45p.m.
Basketball Club (Boys and Girls)	Marcin Kwasiuk	Y6 – Y13	SSP72 ul. Trwała 17-19	Tuesdays 4.00p.m. - 5.20p.m.
Swimming	Marcin Kwasiuk	Y1 upwards Intermediate & Advanced	SSP72 ul. Trwała 17-19	Tuesdays 5.20p.m. – 6.05p.m.
Sculpture Club	Anna Kawczyńska	Secondary	S7 room big villa	Wednesdays 1.00p.m. – 1.40p.m.
Polish for Parents : ) Beginners	Hanna Savel	Parents : )	S1 room big villa	Wednesdays 1.50p.m. – 3.25p.m.
Maths Club	Anna Witańska	Primary	Year 4 Shoebills room small villa	Wednesdays 3.35p.m. – 4.15p.m.
Homework Club	Phil Hart	Primary	F6 room big villa	Wednesdays 3.35p.m. – 4.15p.m.
Construction Club	Iza Łuczowska	Y1 – Y2	Foundation unit	Wednesdays 3.35p.m. – 4.15p.m.
Maths Homework Club	Justyna Połowska	Secondary	F3 room big villa	Wednesdays 3.40p.m. – 4.25p.m.
Maths Kangaroo Club	Justyna Zajac	Secondary	F2 room big villa	Wednesdays 3.40p.m. – 4.25p.m.
Football Club	Marcin Kwasiuk	Y1 – Y9	SSP72 ul. Trwała 17-19 (all weather Sport's pitch outside of the school)	Wednesdays 4.00p.m. – 5.30p.m.
Chess Club	Alex Sitkowiecki	Secondary	S1 room big villa	Thursdays 1.15p.m. – 1.35p.m.
SingStar Club	Jakub Stefaniszyn	Secondary	G6 room big villa	Thursdays 1.15p.m. – 1.40p.m.
English for Parents : ) Pre Intermediate	Iwona Sokolowska	Parents : )	G10 room big villa	Thursdays 2.00p.m. – 3.25p.m.
Knitting Club	Nichola Lewis	Y5 upwards	Foundation unit	Thursdays 3.35p.m. – 4.15p.m.
Swimming	Karolina Kałużka	Y1 upwards Beginners	SSP72 ul. Trwała 17-19	Thursdays 5.20p.m. – 6.05p.m.
Musical Performance Club	Jakub Stefaniszyn	Secondary	G11 room big villa	Fridays 3.30p.m. – 4.40p.m.
Basketball Club	Marcin Kwasiuk	Y1- Y5	SSP72 ul. Trwała 17-19	Fridays 4.00p.m. – 5.20p.m.
Swimming	Marcin Kwasiuk	Y1 upwards Intermediate & Advanced	SSP72 ul. Trwała 17-19	Fridays 5.20p.m. – 6.05p.m.

## News from Head of Primary



This week our cold Lady Winter seemed to have gone on holiday – for how long, nobody knows. The snow melted and it turned out that the football pitch is still there.

The preparations for our Carnival Day (5<sup>th</sup> February) are in full swing, as the Carnival Team

updates me. You will get some details in the letter sent home today. It is definitely the time to think about a costume!

On the following Friday, 12<sup>th</sup> February, we will enjoy a treat prepared by the BISC PTA. We are looking forward to the Pancake Day :)

We had some trips happening this week – Year 3s trip was cancelled and rescheduled onto a later date due many children being away with sickness. Year 4 Shoebills visited the Wrocław Museum of Archaeology to look at some artefacts dating back to Stone and Bronze Age. We also learned what early villages and huts looked like.

On Friday we watched a presentation on children's rights and responsibilities by Year 5 Kangaroos. The Star Academy announced the following nominations:

Foundation Bees – Nao  
Foundation Turtles - Rustem  
Year 1 Rabbits – Kyu Min and Eric  
Year 2 Butterflies – Seung Geon  
Year 3 Otters – Zaffar  
Year 3 Foxes - Yash  
Year 4 Shoebills – Shinun, Lara and Nohyeon  
Year 5 Kangaroos - Tereza  
Year 5 Ravens - Jinhwan  
Year 6 Jaguars – Junsol and Hae Yoon

Congratulations, Stars!

Wishing you a nice weekend,

Anna Witańska  
Head of Primary

## News from Head of Secondary



It was another busy week for secondary. Although mock exams for Year 11 are completed, many other year groups were studying for unit tests this week. Students had tests in Maths and Geography and are preparing for Science and Polish tests next week. A

few of our 6<sup>th</sup> Form students also had mock exams this week, but it was more on an individual basis rather than the entire year group. Year 11 students are beginning to learn their mock exam grades too, and will get a full report of the exam outcomes on Monday.

If you have strolled through the Big Villa this week, you would notice a couple of changes in the rooms and hallways. An electrical crew has been busy after school installing the fire alarm system throughout the building. Wiring is being carefully cut into the walls and ceiling of each room and work should be completed soon.

Our Polish School created a fundraiser to help support a local animal shelter. Several posters throughout the building describe the fundraising event and asking for donations. Students and parents are encouraged to bring food, blankets, toys and accessories that will be given directly to the animal shelter once the fundraiser is completed on February 2<sup>nd</sup>. Donations can be dropped off on the main floor at the top of the stairs, so we encourage you to 'feed the dog' when you pass by the display.

Have a great weekend,

Joe Peck  
Head of Secondary  
BISC Wrocław

# Spotlight on Year 4 Shoebills

## Spotlight on Year 4: who hides behind the big beaks? Or simply: get to know us better!

Year 4 Shoebills undertook a task of writing about each other. Sadly, some of our class members were missing this week, due to sickness or travel, but we managed to include everyone. Here are our observations:

### Ms. Dobrusia writes:

Youenn is the only representative of France in our class. He is really keen on sport - he plays tennis after school and he is an excellent skier. He is not afraid of any steep ski slopes! He wears fancy glasses which Ms. Anna is a little jealous of. Youenn is always smiling and has a positive attitude.

### Nohyeon observes:

Nika is from Poland, but she looks like a Swedish person. I don't know if she has a pet, but she is very good at sports, especially running and hockey. She likes P.E., so she is very active. She usually works very hard so she is very intelligent. She came to BISC from another school called "Ente".

### Nohyeon continues:

Ms. Dobrusia is very helpful to me, also she doesn't ever get angry, so it means she is very polite. She comes from Poland, same as Nika. I think her favourite subject is home time, snack time or break time, because this is her free time. Her favourite sport is yoga! She likes intelligent people, same as Ms. Anna. The surprising news is she is a vegan so she is very thin, like a stick-man.

### Albin remarks:

Kazuho is from Japan. He collects rubbers. He likes cheese. He doesn't speak Japanese at school but only during Japanese lessons. I think he has a brother in secondary, called Kazuki.

### Seoin describes:

Shinun is from Korea. She likes drawing. Her hobby is a sport, called pole dancing. She is good at swimming. She doesn't have a pet and she doesn't collect anything. Her favourite subject is art.

### Lara states:

Albin comes from Sweden and loves video games. He is not that good at sport, but he really likes hockey. He does not collect things. He does not have any pets, because he lives in Sky Tower. His favourite subject is ICT. He is 8 years old and his birthday is in November/October (he doesn't know exactly when it is). He is kind, funny and sometimes hard-working (but not usually).

### Lara adds:

Seoin comes from Korea and loves drawing, especially with friends. Her hobby is knitting (sometimes she makes scarves) and she is good at sports. She collects marbles and doesn't have a pet. She is kind, caring, understanding and her favourite subject is art.

### Shinun relates:

Nohyeon is from South Korea. Nohyeon likes maths and he is excellent at maths. His hobby is reading playing something. He is really good at sport, especially running. Nohyeon is a merit collector and that is quite funny. He doesn't have a pet, but he would like a hedgehog. It is cute and small. Nohyeon's favourite subject is literacy.

### Lieselotte notices:

Chanjoong is from Korea and he is good at basketball. He collects original merits. His favourite subject is maths. His hobby is playing football. He was born in the 2/3rd of April, 2007.

### Chanjoong scribes:

Ms. Anna is from Poland. She likes intelligent and creative children. Her hobby is gardening, cooking and dancing. She is good at sports - Zumba. She is collecting old mechanical clocks. Her pets are 3 dogs and 1 cat. Her favourite subject is maths and literacy.

### Youenn narrates:

Lieselotte is from Belgium and she is a girl. Lieselotte likes drawing and participate in Hockey. She is good at Hockey and basketball. Lieselotte collects pencils. Her favourite subject is French and she is good at it.

### Nika reports:

Seohyeon is from Korea. She likes to draw, dance Zumba and she can sew. She doesn't have pet, but she likes them. Soehyeon has been in this school from Year Two. She is in the Zumba team and art club.

### Ms. Anna concludes:

Last but certainly not least, Lara is our Turkish representative. This talented girl can speak fluent English, German and, of course, Turkish (a language I'd like to learn one day!). She is a super-active Shoebill with lots of great ideas that she loves to share with the class.



# PASS A PAW

The 6<sup>th</sup> grade of the Polish-British School is organizing an action to help the homeless poor animals in the Wrocław shelter called “Hera”.

The action takes place

**25.01.16 - 02.02.16**

There is a box placed in the big villa (near the recycling bins) as well as in the small villa. There will be also tins placed around the school where you can put money in.

## What you can bring for the animals?

Food, treats, toys, blankets, newspaper towels, cat litter bags, collars, harnesses, leashes, paper towels and cleaning supplies, dog and cat beds and houses, flea and tick treatment, food bowls,

## What the shelter might need?

Garbage bags, mops, brooms, and sponges – The shelter uses these every day!

**We believe in taking action together to create a better life for the animals in the shelter!**



# PARENT TEACHER ASSOCIATION 2015/2016

Please Note: Due to the expected Ski Camp, Bake-A-Cake or Savoury Day for Years 10&11 is changed to a different day.

Year 12 & 13	February 3, 2016
Year 6 Jaguars	February 10, 2016
Year 7	March 2, 2016
Year 8	March 16, 2016
Year 9	April 13, 2016
Year 5 Ravens	April 27, 2016
Year 5 Kangaroos	May 11, 2016



## **1. Collection of egg cartons for our young gardeners:**

We would like to ask parents to save the egg cartons which will be later collected at school for our primary students and their gardening needs. After the school holiday in February it will be time to seed the vegetables in indoor boxes so the plants are big enough for planting in the garden as soon as the weather is warm enough for outdoor gardening. Egg cartons can serve very well as such boxes for the windowsills. Therefore, store the egg cartons so we can equip 8 Primary School classes with their windowsill plant boxes.

## **2. Mufti and Crazy Hair Day:**

On Friday, February 12, there is going to be the second Mufti Day. This time, to let also senior school students who don't wear uniforms anymore, to have fun as well, it will be MUFTI AND CRAZY HAIR DAY. As the previous time, the donation for the participation on Mufti and Crazy Hair Day will be 5 PLN per student. The rules stay the same – each student coming to school in casual wear and/or with a crazy hair style, gives his or her donation of 5 PLN to the Form Teacher in a special envelope. The money raised will cover the cost of pancakes (read lower) and add to the budget for future PTA activities including International Day. Get ready for fun and think about crazy hair styles to make. Parents and teachers, and whole staff are more than welcome to join with their hair styles. Let's see who can get it crazier.

## **3. Pancake Day**

On Friday, February 12, PTA with the help of volunteers will provide free pancakes to all students. This event is planned to celebrate the last day before Lent. In different countries and cultures the day can vary, but generally it is Fat Tuesday. For the purpose of making the last day before school holiday special, also in the light of relaxed Mufti and Crazy Hair Day, we will twist the tradition and serve the pancakes on Friday.

## **4. Uniform Lost & Found. Please sign the uniforms!!!**

In order to make the return of the lost uniform items easier and more efficient, please sign the uniforms and other clothes your children wear to school. Please sign them readable to everyone, not just you and your children.

# Lunch February 2016

Dear Parents,

Below please find a few details about our lunch ordering system:

1. Lunches for the upcoming week can be ordered in the secretary's office (small villa) from Monday till Thursday.
2. You can choose between the polish, Italian and vegetarian menu.
3. In case of child's absence, please inform school's office on the same day by phone (71 79 66 861) or e-mail ([wroclaw@bisc.krakow.pl](mailto:wroclaw@bisc.krakow.pl)) before 9a.m. Depending on your request, order will be cancelled or moved for the next week.
4. The orders are accepted together with the payment only.
5. Menu for the following month will be posted on the information boards in both villas and also in our weekly newsletter.
6. The cost for one lunch is 12PLN.

Date	POLISH MENU		ITALIAN MENU	VEGETARIAN MENU
01.02.2016	Barley soup with vegetables, potatoes and groats	Wholemeal spaghetti Bolognese	Spaghetti Bolognese, bread roll, salad, dessert	Wholemeal spaghetti Napoli
02.02.2016	Cucumber soup	Chicken fillet baked with thyme and onion, potatoes, salad	Chicken fillet, <i>potato puree</i> , bread roll, salad, dessert	Fried eggs, potatoes, salad
03.02.2016	Tomato soup	Silesian noodles with meat and vegetable sauce	Penne pasta baked with tomatoes, mozzarella, bread roll, salad, dessert	Penne pasta baked with tomatoes, mozzarella
4.02.2016	<i>Creamy celery soup with croutons</i>	Stuffed cabbage with meat, brown rice and tomato sauce	Vegetable cream soup, omelette with ham, bread roll, salad, desert	Stuffed cabbage with vegetables in tomato sauce
05.02.2016	Ukrainian borsch with potatoes and red lentils	Pollock fillet, potatoes, stewed and steamed vegetables	Gnocchi with cheese sauce, bread roll, salad, dessert	Gnocchi with cheese sauce
08.02.2016	Tomato soup with brown rice	Hungary goulash with vegetables, groats, salad	Spaghetti Carbonara, bread roll, salad, dessert	Chickpeas with vegetable sauce, groats, salad
09.02.2016	Vegetable cream soup with croutons	Chicken leg, potatoes, salad	Tortellini with ricotta, spinach and cream 30 %, bread roll, salad, dessert	Tortellini with ricotta, spinach and cream
10.02.2016	Cauliflower soup with chickpeas	Lasagna with tomato sauce	Penne pasta baked with chicken, tomatoes and mozzarella, bread roll, salad, dessert	Fried eggs, potatoes, salad
11.02.2016	Duck broth with noodles	Meatballs with ham and sauce, potatoes, salad	Pizza Margarita, salad, dessert	Russian dumplings
12.02.2016	Cabbage soup with carrot and potatoes	Brown rice baked with apples and cinnamon	Farfalle with tuna, olives and mozzarella, bread roll, salad, dessert	Brown rice baked with apples and cinnamon
15.02.2016	Half Term Break			
16.02.2016	Half Term Break			
17.02.2016	Half Term Break			
18.02.2016	Half Term Break			
19.02.2016	Half Term Break			
22.02.2016	Creamy celery soup with croutons	Wholemeal spaghetti Bolognese	Spaghetti Carbonara, bread roll, salad, dessert	Wholemeal spaghetti Napoli
23.02.2016	Sour soup	Meatballs with ham and sauce, potatoes, salad	Beef meatballs with marinara sauce, penne pasta, bread roll, salad, dessert	Chickpeas with vegetable sauce, groats, salad
24.02.2016	Duck broth with noodles	Skewers of turkey, vegetables, potatoes	Broth with meat and noodles , omelette with ham, bread roll, salad, desert	Silesian noodles with cheese sauce, salad
25.02.2016	White bean soup with vegetables and potatoes	Pancakes with turmeric , stuffed with cheese or jam	Pizza Margarita, salad, dessert	Pancakes with turmeric , stuffed with cheese or jam
26.02.2016	Italian soup Minestrone	Pollock fillet, potatoes, stewed and steamed vegetables	Fusilli pasta baked with tomatoes, mozzarella	Fusilli pasta baked with tomatoes, mozzarella

**\*juice and dessert to each menu**



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(Weekly Winner)



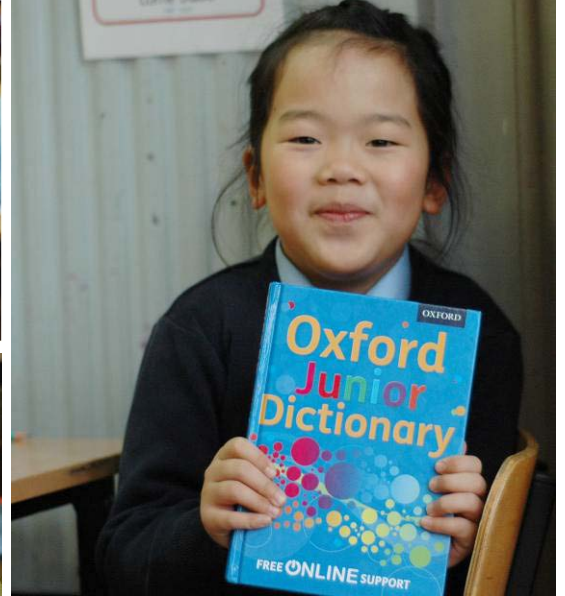
44



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# AROUND BISC WROCLAW



A brief introduction to parents at BISC Wrocław